



FOUNDED 1553

# BROMSGROVE

OUTSTANDING EDUCATION FROM 2 TO 18. CO-EDUCATIONAL, BOARDING AND DAY.

FLAIR  
DISCIPLINE  
ACADEMIC RIGOUR

Week 3 - Breakfast	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Juices &amp; Smoothies</b>	Iced Caffe Latte	Orange and Mango Juice	Aqua Fresca with Lime and Mint	Apple and Raspberry Juice	Good For You - Banaberry Smoothie	Pineapple Juice	<b>Brunch (See Lunch Menu)</b>
<b>Hot Items</b>	Pork Sausage and Vegetarian Sausage	Pork Sausage and Vegetarian Sausage	Pork Sausage and Vegetarian Sausage	Pork Sausage and Vegetarian Sausage	Pork Sausage and Vegetarian Sausage	Pork Sausage and Vegetarian Sausage	
	Bacon	Bacon	Bacon	Bacon	Bacon	Bacon	
	Grilled Tomatoes	Sauté Mushrooms	Grilled Tomatoes	Sauté Mushrooms	Grilled Tomatoes	Sauté Mushrooms	
	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans	
	Fried Eggs	Boiled Eggs		Fried Eggs	Scrambled Eggs	Boiled Eggs	
	Sauté Potatoes	Hash Browns	Sauté Potatoes	Hash Browns		Hash Browns	
<b>Daily Specials</b>	Banana Chocolate Pancakes	French Toast with Berries and Syrup	Ham and Cheese Frittata	Cinnamon and Apple Twists	Chorizo and Potato Hash	Selection of Pastries	
<b>Daily Breakfast Items</b>	Porridge and Cereal Bar	Porridge and Cereal Bar	Porridge and Cereal Bar	Porridge and Cereal Bar	Porridge and Cereal Bar	Porridge and Cereal Bar	
	Continental Selection & Breads	Continental Selection & Breads	Continental Selection & Breads	Continental Selection & Breads	Continental Selection & Breads	Continental Selection & Breads	
	Yoghurt, Compote and Granola	Yoghurt, Compote and Granola	Yoghurt, Compote and Granola	Yoghurt, Compote and Granola	Yoghurt, Compote and Granola	Yoghurt, Compote and Granola	



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Week 3 - Lunch	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Soup</b>	Curried Vegetable	Cream of Mushroom	Leek and Potato	Tomato and Basil	Broccoli and Stilton	Soup of the Day	<b>Brunch menu</b>
<b>Bread</b>	Assorted Bloomer	Assorted Bloomer	Assorted Bloomer	Assorted Bloomer	Assorted Bloomer	Assorted Bloomer	
<b>Main Course 1</b>	Lemon Chicken and Herb Tagine, Fruity Cous Cous and Crumbled Feta	Ground Mongolian Sticky Beef, Mange Tout and Baby Corn, BBQ and Soy	Chicken and Tarragon Lancashire Hot Pot	Baked Cajun Beef Tortilla Chip Stacker	Battered Pollock Fillet or Poached Pollock Mornay, Homemade Tartare Sauce and Lemon Wedges	Crispy Baked Baguette	
<b>Main Course 2</b>	Chickpea and Apricot Tagine, Fruity Cous Cous and Crumbled Feta	Spicy Bean Katsu, Pickled Vegetable Salad	Minced Beef and Onion Scotch Pie with a Herby Crust	Coconut, Tofu and Pineapple Malaysian Curry	Beef Bolognese	Continental Selection of Ham and Cheese	
<b>Main Course 3</b>	Traditional Cottage Pie, Creamy Mash Potato	Sweet Chilli, Garlic and Lime Glazed Chicken Leg	Butternut Squash, Feta and Candied Pumpkin Seed Filo Pie	Malaysian Chicken Curry, Pineapple and Fragrant Spices	Mushroom Biryani	Pork Meatball Marinara, BBQ Pulled Chicken and Sweet Potato Falafels	
<b>On The Side</b>	Warm Sweet Potato Salad	Ginger Vegetable Rice	Rosemary Roast Potatoes	Braised Rice	Chips	Skinny Fries	
	Peas and Leeks	Shredded Cabbage	Peas and Carrot	Warm Sweetcorn Salsa	Peas	Chopped Salad	
	Vichy Glazed Carrots	Peas	Cauliflower Cheese, Stuffing, Sweet corn and Gravy	Smoked Chipotle Carrot Slaw	Baked Beans		
<b>Jacket Potato</b>	Baked Beans Grated Cheese	Baked Beans Grated Cheese	Baked Beans Grated Cheese	Baked Beans Grated Cheese	Baked Beans Grated Cheese	Baked Beans Grated Cheese	
<b>Pasta</b>	Roasted Tomato and Pepper	Tomato and Basil	Spicy Red Pepper	Tomato Ragu	Tomato	Pasta Bolognese	
<b>Hot Dessert</b>	Lemon Drizzle Cake, Zesty Crème Fraiche	Sticky Toffee Pudding and Custard	Shortbread	Caramel Latte Cake	Jam Sponge and Custard	Sticky Toffee Pudding with Caramel Sauce	
<b>Cold Dessert</b>	Bromsgrove Mess	Sundae	Chocolate Brownie	Key Lime Cheesecake	Spiced Apple and Blackberry Cranachan	Chocolate Krispie Squares	
	Chef's Choice Pot	Chef's Choice Pot	Chef's Choice Pot	Chef's Choice Pot	Chef's Choice Pot	Chef's Choice Pot	
<b>Cut Fruit</b>	Mixed Fruit Pot	Mixed Fruit Pot	Mixed Fruit Pot	Mixed Fruit Pot	Mixed Fruit Pot	Mixed Fruit Pot	



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Week 3 - Supper	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Soup</b>	Soup of the Day served with Croutons and Sliced Bread						
<b>Main course 1</b>	Crispy Hunter's Chicken	Chicken and Spinach Lasagne, Garlic Ciabatta	Thai Style Fishcakes, Sweet Chilli and Coconut Sauce	Sesame and Ginger Chicken, Soy, Spring Onion and Pepper	Classic Chicken Bhuna	<b>Chef's Choice Menu</b>	Roasted Bacon Loin, Chilli and Pineapple Jam
<b>Main course 2</b>	Vegetarian 'Chilli Dog', Melted Cheese and Jalapenos	Spinach and Ricotta Canneloni	Indonesian Chicken Rendang, Roti and Prawn Crackers	Quorn Pieces in a Sweet Chilli Sauce	Saag Aloo		Pea, Leek and Feta Frittata
<b>Main Course 3</b>		Mac 'n' Cheese with BBQ Pulled Pork	Aubergine and Sweet Potato Rendang, Roti	Plain Chow Mein, Egg Noodles, Bean Sprouts and Five Spice Dressing			
<b>On the side</b>	Skinny Fries	Garden Salad	Sticky Coconut Rice		Steamed Rice		Roast Potatoes
	Peas	Garlic Bread		Mange Tout, Pak Choi and Julienne Carrot	Onion Bhaji, Samosa, Mint Yoghurt and Kachumba		Carrots and Peas
	Tex Mex Slaw	Parmesan, Olive Oil and Balsamic	Pickled Slaw	Spring Rolls and Prawn Crackers	Tikka Roast Cauliflower		Cauliflower and Broccoli Gratin
<b>Pasta Bar</b>	Pasta Station, Jackets, Beans and Cheese		Pasta Station, Jackets, Beans and Cheese	Pasta Station, Jackets, Beans and Cheese	Pasta Station, Jackets, Beans and Cheese		Pasta Station, Jackets, Beans and Cheese
<b>Salad Bar</b>	Mixed Leaf, Tomato, Cucumber and Slaw	Mixed Leaf, Tomato, Cucumber and Slaw		Mixed Leaf, Tomato, Cucumber and Slaw	Mixed Leaf, Tomato, Cucumber and Slaw		Mixed Leaf, Tomato, Cucumber and Slaw
<b>Dessert</b>	Raspberry Ripple Cake	Campfire S'mores	Baked Cheesecake	Flapjack	Apple and Pear Crumble, Vanilla Custard	Pineapple Tart	